OUR HOPE IS TO EDUCATE, EMPOWER, AND ENABLE THE IMMUNOCOMPROMISED

The immune suppressed should not just "survive", they should THRIVE!

Think of me Please® is dedicated not only to awareness, but CHANGE!

How does Think of me Please® help the immunocompromised population?

We provide support through our network and act as a central hub, offering community connection, resources for improving the patient experience, advocacy tools, and a place to find the latest news and research that impacts the immunocompromised community.

Think of me Please® also provides a support network for caregivers to connect with one another, share their experiences, find support, and grow in their abilities to care not only for the people they love, but also themselves.

Scan and
Take Action
Today!
Thank You.

Website and Donate

Contact Virtual Business Card

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Think OF ME Please™

Bringing awareness to the struggles of immunocompromised individuals and their communities

DR. DANIEL LAYISH

MD,FACP,FCCP,FAASM
Pulmonologist

Board Member and Medical Advisor for Think of me Please ®

There are 3 immunocompromised individuals in the picture below. Can you tell who they are? Seven million people, roughly 3% of the population in the United States, are considered moderately to severely immunocompromised.

Bay Cox lives with a condition known as Nephrotic Syndrome

HELPFUL GUIDELINES

- WASH OR SANITIZE YOUR HANDS FREQUENTLY
- IF YOU ARE SICK, PLEASE DO NOT INTERACT WITH ANYONE THAT IS IMMUNOCOMPROMISED
- OBTAIN ALL VACCINES AND BOOSTERS
- WEAR A FACE MASK IN A CROWD
- THOROUGHLY WASH ALL FRUITS AND VEGETABLES
- KEEP ANY CUTS CLEAN AND DRY
- DRINK BOTTLED, BOILED, OR FILTERED WATER ONLY
- DRINK ONLY PASTEURIZED MILK AND DAIRY

What does it mean to be immunocompromised?

The immune system of children or adults doesn't work properly to protect them from illnesses.
Infections are more frequent and can be more severe and longer lasting.
Exposure to common, everyday viruses and bacteria can be dangerous.

OTHER CONSIDERATIONS

- Do not decorate with live plants
- Minimize dust accumulation
- Understand how to care for indwelling devices
- Frequent cleaning of clothes and bed linens

Personal Health:

- Good oral and dental care
- Rest
- East a well-balanced diet
- Never handle animal excrement
- Know the signs and symptons of infection and contact a healthcare professional if an infection is suspected.

References include the CDC online and the Association for Professional | Infection Control and Epidemiology, Inc. online Text.

Think OF ME Please™